



# Ohello Sunshine

*Summer's Edge*  
*Omaha, NE*

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Summer's Edge, June 18th, 2022  
The Figure Skating Club of Omaha  
Motto McLean Ice Rink  
[www.fscomaha.org](http://www.fscomaha.org)

Summer's Edge will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

#### COVID-19 EVENT POLICIES:

Summer's Edge will follow local and federal mandates and any USFSA guidelines to host an event.

**NOTE FOR COMPETITIONS OFFERING ADULT EVENTS:** if you offer Adult 1-6, adult beginner, adult high beginner, adult pre-bronze and adult bronze program/free skate events please include the following information about the Adult Competition Series:

Adult 1-6, adult beginner, adult high beginner, adult pre-bronze and adult bronze program/free skate events that meet Adult Competition Series guidelines are offered at this competition. Adult Competition Series participants must submit a photo, scanned copy, email attachment or screenshot of the results sheet to [adultcompetitionseries@gmail.com](mailto:adultcompetitionseries@gmail.com) by the deadline published in the most recent [Adult Competition Series Handbook](#) to receive credit and series points.

#### **ELIGIBILITY/TEST LEVEL:**

**Test Level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Note, "skating up" is at the discretion of LOC and athletes may not skate down in any event.

**Age restrictions/requirements:** Singles free skate events (well-balanced program) have the following requirements:

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger  
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older  
Intermediate must be under the age of 18  
Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.

#### **IF OFFERING ADULT EVENTS:**

Age classes for all free skate and showcase events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years
- Class IV: 56 years through 65 years
- Class V: 66 years and older

Age classes for all solo free dance and solo pattern dance events:

- Young Adult/Class I/II: 18 years through 45 years

- Class III/IV/V: 46 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee.

### **COMPETITION REGISTRATION:**

#### **Registration Deadline: May 29th, 2022**

1. Go to <https://m.usfigureskating.org>
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
  - a. If you need assistance with your member number and password, contact Member Services at [memberservices@usfigureskating.org](mailto:memberservices@usfigureskating.org).
3. Click EMS then "Competition Registration"
4. Choose "COMPETITION NAME" from the list of nonqualifying competitions.
  - a. If you need assistance completing your registration, contact [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org).

### **Mandatory Athletes:**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. \*

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email [safesport@usfigureskating.org](mailto:safesport@usfigureskating.org) for instructions or questions regarding parental consent.

**REFUND POLICY:** Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

**SCHEDULE:** Competitors may be scheduled at any time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

**FACILITIES:** The competition will be held at Motto McLean Ice Rink, Omaha, Nebraska.

### **EMS MUSIC UPLOAD:**

#### **DEADLINE: DATE \*INCLUDE LATE FEE IF APPLICABLE**

Competitors participating in events with music are required to upload their music to EMS no later than **June 1st**. After this date, skaters will be locked out of this feature and subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

### **EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)**

*If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)*

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

## MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
  - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (if you are accepting digital back up such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

**LIABILITY:** U.S. Figure Skating, The Figure Skating Club of Omaha and Motto McLean Ice Rink accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**ONSITE CHECK-IN:** Check-in will open on the competition morning and will be located directly inside the rink.

**EMS ADMIN:** [Onsite FAQ](#), [Onsite Check-In](#) and [Onsite Practice Ice Sales](#)

## **LOCKER ROOMS AND CHANGING AREAS:**

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).

The SkateSafe locker room policy for posting can be found [here](#).  
For adult competitions, click [here](#).

**PRACTICE ICE:** Practice ice will be offered directly before the competition.

**Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.**

**AWARDS:** Medals will be given for 1st - 3rd place only.

## **IMPORTANT NOTICE FOR ALL COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

**EMS Coach Resources** (\*include links in your announcement):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

#### Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon  or Account → Member Profile → Compliance

#### Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

#### **VOLUNTEER COMPLIANCE:**

**Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel.** To be considered compliant, an approved volunteer serving in one of these positions must:

- ✓ Must submit information for, proper payment of \$30 and successfully pass a background check\*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional
- ✓ Must complete annual SafeSport Training

- The training will be valid for 365 days from date of completion and there is no cost for the training/certification \*

\* Accessible via U.S. Figure Skating Members Only website:  
[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon → Account → Member Profile → Compliance

**CONTACT INFO:** If you have questions, please contact Ann Kane, [ann.kane@me.com](mailto:ann.kane@me.com) or at 402-208-6900.

**ADDITIONAL INFORMATION:** Competition t-shirt must be ordered in advance.

## SECTION 2:

**Events Offered and Entry Fees:SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.**

COMPETE USA EVENTS				
Exhibition Skate Only (Pre-Juv - Senior, Adult)		\$15		
Critique with Skate (PrePre - Senior, Adult)		\$15		
<a href="#">Snowplow Sam-Basic 6 Program w/ Music</a>	6.0	\$55	\$25	\$25
<a href="#">Pre-Free Skate – Free Skate 1-6 Program w/ Music</a>	6.0	\$55	\$25	\$25
<a href="#">Excel Free Skate (Beg. – Preliminary Plus)</a>	6.0	\$55	\$25	\$25
<a href="#">No Test – Preliminary Free Skate (*offer if LTS only)</a>	6.0	\$55	\$25	\$25
<a href="#">Adult 1-6 Program w/ Music</a>	6.0	\$55	\$25	\$25
<a href="#">Adult Free Skate (Beg. – Bronze)</a>	6.0	\$55	\$25	\$25
<a href="#">Snowplow Sam – Basic 6 Elements</a>	6.0	\$55	\$25	\$25
<a href="#">Pre-Free Skate – Free Skate 1-6 Compulsory Moves</a>	6.0	\$55	\$25	\$25
<a href="#">Excel Compulsory Moves</a>	6.0	\$55	\$25	\$25
<a href="#">Adult 1-6, Beginner – Bronze Compulsory Moves</a>	6.0	\$55	\$25	\$25
<a href="#">Compete USA – Spin Challenge</a>	6.0	\$55	\$25	\$25
<a href="#">Compete USA – Jump Challenge</a>	6.0	\$55	\$25	\$25
<a href="#">Compete USA – Showcase</a>	6.0	\$55	\$25	\$25
<a href="#">Compete USA – Solo Dance</a>	6.0	\$55	\$25	\$25
<a href="#">2021-22 Compete USA Manual</a>				